**JANVIER 2022**

|  |  |  |  |  |  |  |  |  |  |  |
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| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **RA** | **SF** | **SA** | **SR** | **Animateurs** |
|  |  |  |  |  |  |  |  |  |  |  |
|  | Dim 2 | Villard St Pancrace/Les Ayes/Plan du Peyron | 600 | 8 | 1 |  |  |  |  | C. BESSON |
|  | Mar 4 | Ski de fond |  | 6 |  |  | 1 |  |  | L. VON MEYENBURG |
|  | Jeu 6 | Le Laus de Cervières/Sentier de la mule | 600 | 15 |  | 1 |  |  |  | M. BORDET |
|  | Mar 11 | Ski de fond |  | 5 |  |  | 1 |  |  | C. TURC |
|  | Jeu 13 | La Vachette/Pas de la Cochette | 960 | 13 |  | 1 |  |  |  | M. BORDET |
|  | Jeu 13 | Névache/Col de l’Echelle | 200 | 14 |  | 1 |  |  |  | C. BESSON |
|  | Dim 16 | Cervières/Bergerie de Peyre Moutte | 620 | 15 |  | 1 |  |  |  | A. MICHEL |
|  | Dim 16 | Névache/Refuge Ricou | 580 | 7 |  | 1 |  |  |  | F. DESCHOUX |
|  | Lun 17 | Ski alpin |  | 10 |  |  |  | 1 |  | C. ARTINIAN |
|  | Mar 18 | Ski de find |  | 10 |  |  | 1 |  |  | C. TURC |
|  | Jeu 20 | Vars les Claux/Cab. de l’Echelle/Col de Vars | 400 | 9 |  | 1 |  |  |  | M. DA CRUZ |
|  | Jeu 20 | Le Laus/Col des Ourdeïs | 670 | 6 |  | 1 |  |  |  | A. MICHEL |
|  | Dim 23 | Champcella/Col des Combes | 550 | 16 | 1 |  |  |  |  | L. VON MEYENBURG |
|  | Lun 24 | Ski alpin |  | 10 |  |  |  | 1 |  | C. ARTINIAN |
|  | Mar 25 | Ski de fond |  | 6 |  |  | 1 |  |  | C. TURC |
|  | Jeu 27 | Puy St Vincent/Les Prés rouges | 550 | 19 |  | 1 |  |  |  | F. DESCHOUX |
|  | Jeu 27 | Le Villard de St Crépin/Moussière | 500 | 7 | 1 |  |  |  |  | G. DA CRUZ |
|  | Dim 30 | Val des Prés/Chalets du Granon | 500 | 18 | 1 |  |  |  |  | A. BERGE |
|  | Dim 30 | Puy St Vincent/Narreyroux | 400 | 7 | 1 |  |  |  |  | D. LEGUAY |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **7130** | **201** | **5** | **8** | **4** | **2** |  |  |
|  |  |  |  |  |  |  |  |  |  |  |

**FEVRIER 2022**

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| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **RA** | **SF** | **SA** | **VAE** | **Animateurs** |
|  |  |  |  |  |  |  |  |  |  |  |
|  | Lun 1er | Ski alpin |  | 5 |  |  |  | 1 |  | C. ARTINIAN |
|  | Mar 2 | Ski de fond |  | 5 |  |  | 1 |  |  | L. VON MEYENBURG |
|  | Jeu 3 | Puy St Pierre/Canal du bois | 350 | 11 | 1 |  |  |  |  | R. LEGUAY |
|  | Jeu 3 | Arvieux/Soulier | 250 | 20 | 1 |  |  |  |  | G. M. DA CRUZ |
|  | Dim 6 | L’Argentière/Les Têtes | 780 | 7 | 1 |  |  |  |  | A. MICHEL |
|  | Dim 6 | Oulx/Amazas/Vazon | 580 | 28 | 1 |  |  |  |  | R. MUREAU |
|  | Jeu 10 | Pont de l’Alpe/Bergerie du Grand Lac | 760 | 7 |  | 1 |  |  |  | A. MICHEL |
|  | Jeu 10 | Chanteloube/Le Ponteil | 600 | 17 | 1 |  |  |  |  | G. DA CRUZ |
|  | Dim 13 | Cesana/Fenils/Colletto Grigio :Pra Chaud | 650 | 17 | 1 |  |  |  |  | B. BUISSON |
|  | Dim 13 | Champcella/Cabane de Clot Lafont | 600 | 9 | 1 |  |  |  |  | M. DA CRUZ |
|  | Mar 15 | Ski de fond |  | 6 |  |  | 1 |  |  | L. VON MEYENBURG |
|  | Jeu 17 | Monétier/Cime des Conchiers | 460 | 9 | 1 |  |  |  |  | B. ROQUE |
|  | Dim 20 | Villard St Pancrace/Le Mélézin | 600 | 4 | 1 |  |  |  |  | B. SOL |
|  | Dim 20 | Guillestre/Tour du Rocher de l’Aigle | 500 | 22 | 1 |  |  |  |  | M. DA CRUZ |
|  | Mar 22 | Ski de fond |  | 8 |  |  | 1 |  |  | C. TURC |
|  | Jeu 24 | Névache/Cabane forestière (*grillades*) | 200 | 29 | 1 |  |  |  |  | B. ROQUE |
|  | Ven 25 | St Crépin/Gros/Eygliers | 400 | 10 |  |  |  |  | 1 | M. EPINETTE |
|  | Dim 27 | Puy St Vincent/Narreyroux/Le Grand Champ | 470 | 9 | 1 |  |  |  |  | L. VON MEYENBURG |
|  | Dim 27 | Prelles/Bouchier/Pas du loup | 600 | 28 | 1 |  |  |  |  | A. BERGE |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **7800** | **251** | **13** | **1** | **3** | **1** | **1** |  |
|  |  |  |  |  |  |  |  |  |  |  |

**MARS 2022**

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| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **RA** | **SF** | **SA** | **Animateurs** |
|  |  |  |  |  |  |  |  |  |  |
|  | Mar 1er | Ski de fond |  | 10 |  |  | 1 |  | C. TURC |
|  | Jeu 3 | Cervières/Col Bousson | 620 | 11 |  | 1 |  |  | F. DESCHOUX |
|  | Jeu 3 | Cervières/Tour de la plaine du Bourget | 350 | 13 | 1 |  |  |  | N. DESJOURS/L. VON M. |
|  | Dim 6 | Briançon/Les 3 Forts | 500 | 19 | 1 |  |  |  | C. BESSON |
|  | Lun 7 | Ski Alpin |  | 5 |  |  |  | 1 | C. ARTINIAN |
|  | Mar 8 | Ski de fond |  | 9 |  |  | 1 |  | C. TURC |
|  | Jeu 10 | Montgenèvre/Rocher Diseur/Le Chalvet | 300 | 9 | 1 |  |  |  | B. BUISSON |
|  | Jeu 10 | Névache/Col de Buffère | 830 | 11 |  | 1 |  |  | F. DESCHOUX |
| Du 9 | Au 11 | Séjour ski de fond dans le Vercors | 1500 | 9 |  |  | 3 |  | D. R. LEGUAY |
|  | Dim 13 | Guillestre – Tour du Simoun | 200 | 3 | 1 |  |  |  | A. ROUDET |
|  | Lun 14 | Ski Alpin |  | 5 |  |  |  | 1 | C. ARTINIAN |
|  | Mar 25 | Ski de fond |  | 5 |  |  | 1 |  | C. TURC |
|  | Jeu 17 | Névache – Col des Thures | 600 | 15 |  | 1 |  |  | A. MICHEL |
|  | Dim 20 | Les Vigneaux – Col de la Pousterle | 750 | 16 | 1 |  |  |  | R. LEGUAY |
|  | Jeu 24 | Puy St Pierre/ND des Neiges – Cote Belle | 800 | 18 | 1 |  |  |  | A. BERGE |
|  | Dim 27 | Mensolles – Mikéou | 550 | 25 | 1 |  |  |  | L. VON M – F. HIOMAND |
|  | Jeu 31 | Villard Laté – Les Tronchets - Croix du pied | 940 | 10 | 1 |  |  |  | F. DESCHOUX |
|  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **7940** | **193** | **8** | **3** | **6** | **2** |  |
|  |  |  |  |  |  |  |  |  |  |

**AVRIL 2022**

|  |  |  |  |  |  |  |  |  |  |  |  |
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| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **MN** | **SA** | **VTT/VAE** | **Nbre** | **Déniv.** | **Animateurs** |
|  |  |  |  |  |  |  |  |  |  |  |  |
| *46 pers.* | Dim 3 | Le Ponteil – Tour du Pouit + Pizzas | 400 | 24 | 1 |  |  |  |  |  | M.N. BONHOMME  G. M. DA CRUZ |
|  | Jeu 7 | Eygliers – Gros – Maison du Roy | 900 | 11 | 1 |  |  |  |  |  | L. VON MEYENBURG |
|  | Dim 10 | Puy St Pierre – Tour des Puys | 400 | 13 | 1 |  |  |  |  |  | D. LEGUAY |
|  | Dim 10 | St Clément – Pinfol – Mikéou | 700 | 16 | 1 |  |  |  |  |  | M. DA CRUZ |
|  | Lun 11 | Ski Alpin |  | 5 |  |  | 1 |  |  |  | A. WEATHERALL |
|  | Mar 12 | St Crépin – Pra Reboul – Eygliers |  |  |  |  |  | 1 | 14 | 0 | R. MUREAU – R. LEGUAY |
| Du 11 | Au 16 | Séjour à Apt | 2150 | 13 | 6 |  |  |  |  |  | C. CASENAVE |
|  | Jeu 14 | Vallouise – Cas. Pissette – Pont des places | 300 | 7 | 1 |  |  |  |  |  | R. MUREAU |
|  | Jeu 14 | Pra Rebou – Champaussel – les Moulières | 900 | 11 | 1 |  |  |  |  |  | A. MICHEL |
|  | Dim 17 | Eygliers – Cabane de Bois Durat | 600 | 9 | 1 |  |  |  |  |  | G. DA CRUZ |
|  | Mar 19 | Briançon – Bords de la Guisane |  |  |  |  |  | 1 | 8 | 300 | R. MUREAU |
|  | Jeu 21 | Pelvoux les Claux – Chambran | 460 | 4 | 1 |  |  |  |  |  | A. ROUDET |
|  | Jeu 21 | Fressinières – Garcines – Les Viollins | 1160 | 7 | 1 |  |  |  |  |  | C. BESSON |
|  | Mar 26 | Briançon – Sacahs – Piolier – Prelles |  |  |  |  |  | 1 | 13 | 400 | R. MUREAU |
|  | Jeu 28 | St Martin de Queyrières – Le Poux | 400 | 17 | 1 |  |  |  |  |  | A. BERGE |
|  | Jeu 28 | Villard – Croix de Bretagne – Pied sec | 800 | 19 | 1 |  |  |  |  |  | B. BUISSON |
|  | Ven 29 | Névache – Laval |  |  |  |  |  | 1 | 3 | 800 | D. DUPREZ |
|  | Sam 30 | Pierrefeu – Puy St André – Puy Chalvin | 420 | 4 | 1 |  |  |  |  |  | B. SOL |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **9590** | **160** | **18** |  | **1** | **4** | **38** | **1500** |  |
|  |  |  |  |  |  |  |  |  |  |  |  |

**MAI 2022**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **MN** | **SA** | **VTT/VAE** | **Nbre** | **Déniv.** | **Animateurs** |
|  | Dim 1er | Pra Reboul -Les Guions | 560 | 13 | 1 |  |  |  |  |  | A. ROUDET |
|  | Dim 1er | Briançon – ND des Neiges – Le Prorel | 1380 | 2 | 1 |  |  |  |  |  | M. LEGER |
|  | Mar 3 | Fort des Têtes – Plampinet |  |  |  |  |  | 1 | 5 | 400 | R. LEGUAY - R. MUREAU |
|  | Ven 6 | Tour du Pont Baldy | 300 | 12 | 1 |  |  |  |  |  | JJ. LIABASTRE – R.MUREAU |
| Du 6 | Au 13 | Séjour VAE dans le Lot |  |  |  |  |  | 6 | 10 | 4210 | C. CASENAVE |
|  | Sam 7 | Marche nordique |  | 5 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Dim 8 | La Roche de Rame – Combal de satan | 680 | 11 | 1 |  |  |  |  |  | A. MICHEL |
|  | Dim 8 | St Chaffrey – Pierre aux œufs – la Pisse | 540 | 13 | 1 |  |  |  |  |  | R. MUREAU |
|  | Mar 10 | Villeneuve – Le Lauzet – Rif blanc |  |  |  |  |  | 1 | 5 | 500 | R. LEGUAY |
| Du 11 | Au 14 | Séjour dans le Verdon | 2990 | 12 | 4 |  |  |  |  |  | G. M. DA CRUZ |
|  | Jeu 12 | La Roche de Rame – Cab. de l’Aiguille | 850 | 10 | 1 |  |  |  |  |  | A. ROUDET |
|  | Jeu 12 | Villard St Pancrace – Calvaire du Vallon |  |  |  |  |  | 1 |  | 900 | M. LEGER |
|  | Sam 14 | Marche nordique |  | 8 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Dim 15 | Freissinières/Col des Lauzes – Le Simous | 800 | 10 | 1 |  |  |  |  |  | L. VON MEYENBURG |
|  | Dim 15 | Les Allouviers – Circuit des cèdres | 410 | 6 | 1 |  |  |  |  |  | B. LALAUT |
| Du 16 | Au 23 | Séjour VTT en Ardèche |  |  |  |  |  | 6 | 10 | 4800 | R. D. LEGUAY |
|  | Jeu 19 | Ceillac – Col Fromage – Cr. Chambrette | 950 | 8 | 1 |  |  |  |  |  | C. BESSON |
|  | Jeu 19 | Plampinet – Fort de l’Olive | 750 | 12 | 1 |  |  |  |  |  | A. ROUDET |
| *Photos* | Sam 21 | Pont de l’Alpe – Alpe du Lauzet | 200 | 7 | 1 |  |  |  |  |  | J.Y. DESJOURS |
|  | Dim 22 | St Sauveur – Pied du Méale | 880 | 7 | 1 |  |  |  |  |  | F. DESCHOUX |
|  | Dim 22 | Queyrières – l’Oriol de Queyrières | 1000 | 12 | 1 |  |  |  |  |  | A. MICHEL |
|  | Lun 23 | Châteauroux – Cascade de la Pisse |  |  |  |  |  | 1 | 5 | 500 | M. EPINETTE |
|  | Jeu 26 | Fort des Têtes – Clot de l’Infernet | 500 | 11 | 1 |  |  |  |  |  | A. BERGE |
|  | Jeu 26 | Roche de Rame – Lac de l’Ascension | 830 | 7 | 1 |  |  |  |  |  | B. SOL |
|  | Sam 28 | Marche nordique |  | 5 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Dim 29 | Amazas – Madone de Cotolivier | 1000 | 15 | 1 |  |  |  |  |  | B. BUISSON |
| *Géologie* | Dim 29 | Cervières – Chenaillet – Collet vert | 930 | 11 | 1 |  |  |  |  |  | C. & C. BESSON |
|  | Lun 30 | Argentière/Lac des Lauzes/Freissinières |  |  |  |  |  | 1 | 6 | 850 | M. EPINETTE |
|  | Mar 31 | Marche nordique |  | 4 |  | 1 |  |  |  |  | C. ARTINIAN |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **15550** | **201** | **21** | **4** |  | **17** | **41** | **12160** |  |

**JUIN 2022**

|  |  |  |  |  |  |  |  |  |  |  |  |
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| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **MN** | **SA** | **VTT/VAE** | **Nbre** | **Déniv.** | **Animateurs** |
|  | Jeu 2 | Villard Laté – La Croix du pied | 1020 | 8 | 1 |  |  |  |  |  | B. SOL |
|  | Dim 5 | Puy Chalvin – Les Partias | 600 | 5 | 1 |  |  |  |  |  | C. TURC |
|  | Dim 5 | Ste Marguerite – La Tête du Puy | 1400 | 9 | 1 |  |  |  |  |  | 1. MICHEL |
|  | Dim 5 | Pelvoux - Ailefroide |  |  |  |  |  | 1 | 11 | 650 | M. EPINETTE |
|  | Lun 6 | Lautaret – Sources de la Romanche | 600 | 17 | 1 |  |  |  |  |  | F. DESCHOUX |
|  | Mar 7 | Marche nordique |  | 5 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Jeu 9 | Freissinières – Col des Combes | 530 | 18 | 1 |  |  |  |  |  | C. CASENAVE |
|  | Jeu 9 | Briançon – Les Trois Croix |  |  |  |  |  | 1 | 1 | 900 | M. LEGER |
| Sam 11 | Dim 12 | Week-end en Ubaye (Maljasset) | 1900 | 10 | 2 |  |  |  |  |  | 1. MICHEL |
|  | Dim 12 | Les Chapins – Demoiselles coiffées | 800 | 19 | 1 |  |  |  |  |  | M. DA CRUZ |
|  | Dim 12 | Villard St Pancrace -Le Mélézin | 600 | 5 | 1 |  |  |  |  |  | A. ROUDET |
|  | Lun 13 | St Clément – Baratier – Embrun |  |  |  |  |  | 1 | 12 |  | M. EPINETTE |
|  | Mar 14 | Briançon- Les Ayes – Plan du Peyron |  |  |  |  |  | 1 | 6 |  | JJ. LIABASTRE-R. MUREAU |
|  | Mar 14 | Marche nordique |  | 4 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Jeu 16 | Les Oriols Ste Marguerite et Queyrières | 980 | 10 | 1 |  |  |  |  |  | A. ROUDET |
|  | Jeu 16 | Les Vigneaux – Bouchier | 550 | 10 | 1 |  |  |  |  |  | B. BUISSON |
|  | Sam 18 | Briançon – Maison crénelée | 290 | 4 | 1 |  |  |  |  |  | B. SOL |
| Du 19 | Au 25 | Séjour en Auvergne | 2500 | 11 | 5 |  |  |  |  |  | B. ROQUE |
|  | Dim 19 | Cervières - Col Gimont - Grand Charvia | 750 | 10 | 1 |  |  |  |  |  | A. BERGE |
|  | Dim 19 | Molines – Sommet Bucher | 720 | 6 | 1 |  |  |  |  |  | L. VON MEYENBURG |
|  | Mar 21 | Marche nordique |  | 2 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Mar 21 | Le Bez – Vallon Corneille | 1300 | 8 | 1 |  |  |  |  |  | M. BORDET |
|  | Jeu 23 | Vallouise – Lac de l’Eychauda | 790 | 23 | 1 |  |  |  |  |  | F. DESCHOUX |
| Du 24 | Au 26 | Séjour en Valgaudemar | 1850 | 10 | 2 |  |  |  |  |  | N. JY. DESJOURS |
|  | Sam 25 | Canaux de Pt de Cervières à Villar St P. | 220 | 4 | 1 |  |  |  |  |  | B. SOL |
|  | Dim 26 | Fête de la Randonnée à Savines |  |  |  |  |  |  |  |  |  |
|  | Mar 28 | Marche nordique |  | 4 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Mar 28 | Vallée de Névache |  |  |  |  |  | 1 | 3 | 700 | JJ. LIABASTRE-R. MUREAU |
|  | Mer 29 | Abriès – Belvédère du Viso1 |  |  |  |  |  | 1 | 7 | 700 | M. EPINETTE |
|  | Jeu 30 | Névache – Lac du Serpent | 750 | 19 | 1 |  |  |  |  |  | F. DESCHOUX |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **18150** | **221** | **25** | **4** |  | **6** | **40** | **2950** |  |

**JUILLET 2022**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **MN** | **SA** | **VTT/VAE** | **Nbre** | **Déniv.** | **Animateurs** |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | Dim 3 | Le Laus – Bois de Péméant – l’Arpelin | 630 | 8 | 1 |  |  |  |  |  | M. LEGER |
|  | Lun 4 | Ratière – Bouchier |  |  |  |  |  | 1 |  | 920 | M. EPINETTE |
|  | Mar 5 | Marche nordique |  | 7 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Mar 5 | Vallée des Fonts de Cervières |  |  |  |  |  | 1 | 5 | 500 | R. MUREAU |
| Du 5 | Au 8 | Séjour au Massif du Sommeiller (Italie) | 3500 | 10 | 4 |  |  |  |  |  | M. BORDET |
|  | Jeu 7 | Les Ayes – Col des Ayes | 760 | 15 | 1 |  |  |  |  |  | A. BERGE |
|  | Jeu 7 | Usseau – Balboutet | 440 | 3 | 1 |  |  |  |  |  | R. MUREAU |
| Du 9 | Au 14 | Séjour à Trièves (Isère) | 4460 | 12 | 6 |  |  |  |  |  | L. VON MEYENBURG |
|  | Dim 10 | Pg Dormillouse – Lac Fangeas | 500 | 4 | 1 |  |  |  |  |  | B. LALAUT |
|  | Lun 11 | Vallée du Fournel |  |  |  |  |  | 1 | 8 | 900 | G. LLORENS |
|  | Lun 11 | Pramorel – Les Trois Croix |  |  |  |  |  | 1 | 5 | 800 | R. MUREAU |
|  | Mar 12 | Marche nordique |  | 3 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Jeu 14 | Cervières – Lacs Noir et Sarailles | 800 | 10 | 1 |  |  |  |  |  | B. BUISSON |
|  | Dim 17 | Le chazelet/Lacs Lérié et Noir | 650 | 8 | 1 |  |  |  |  |  | F. DESCHOUX |
|  | Dim 17 | Le Mélézin/Crête des Barres | 760 | 10 | 1 |  |  |  |  |  | A. MICHEL |
|  | Lun 18 | Les Gondrans – Le Janus |  |  |  |  |  | 1 | 5 | 900 | M. EPINETTE |
|  | Mar 19 | Marche Nordique |  | 5 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Jeu 21 | Cervières/Col de Chaudemaison | 930 | 14 | 1 |  |  |  |  |  | A. BERGE |
|  | Jeu 21 | Pontde l’Alpe/Tour de Roche Robert | 700 | 5 | 1 |  |  |  |  |  | R. LEGUAY |
|  | Dim 24 | Villard St Pancrace/La Grande Maye | 1100 | 4 | 1 |  |  |  |  |  | F. EUVERTE |
|  | Dim 24 | Puy St Vincent/Les Chapelles | 600 | 11 | 1 |  |  |  |  |  | C. CASENAVE |
|  | Lun 25 | L’Argentière/Vallée du Fournel | 900 |  |  |  |  | 1 | 9 | 900 | G. LLORENS |
|  | Mar 26 | Marche nordique |  | 5 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Jeu 28 | Les Combes/Col de Vallouise | 800 | 7 | 1 |  |  |  |  |  | B. SOL |
|  | Jeu 28 | Granon/Tour du Grand Aréa | 700 | 10 | 1 |  |  |  |  |  | F. DESCHOUX |
|  | Dim 31 | Prelles/Croix d’Aquilla | 860 | 5 | 1 |  |  |  |  |  | A. MICHEL |
|  | Dim 31 | Les Orres/Lac de Ste Marguerite | 650 | 9 | 1 |  |  |  |  |  | B. ROQUE |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **19740** | **165** | **25** | **4** |  | **6** | **32** | **4920** |  |

**AOUT 2022**

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| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **MN** | **SA** | **VTT/VAE** | **Nbre** | **Déniv.** | **Animateurs** |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | Lun 1er | Embrun/Mont Guillaume |  |  |  |  |  | 1 | 8 | 970 | M. EPINETTE |
|  | Mar 2 | Marche Nordique |  | 7 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Mar 2 | Villard/Calvaire du Vallon |  |  |  |  |  | 1 | 5 | 800 | JJ. LIABASTRE |
| *Géologie* | Jeu 4 | Cervières/Col Péas/Pic du Gd Vallon | 900 | 16 | 1 |  |  |  |  |  | C. C. BESSON |
|  | Dim 7 | Vallouise/Tête d’Amont | 1650 | 2 | 1 |  |  |  |  |  | M. LEGER |
|  | Dim 7 | Champlas Janvier/Champlas Seguin | 350 | 15 | 1 |  |  |  |  |  | B. ROQUE |
|  | Mar 9 | Ratière/Bouchier |  |  |  |  |  | 1 | 4 | 800 | JJ. LIABASTRE |
|  | Mar 9 | Marche Nordique |  | 3 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Jeu 11 | Izoard/Col Tronchet/Lac Souliers | 670 | 16 | 1 |  |  |  |  |  | F. DESCHOUX |
|  | Jeu 11 | Col des Combes/Tour du Gaulent | 1080 | 8 | 1 |  |  |  |  |  | L. VON MEYENBURG |
|  | Dim 14 | Cervières/Col Chabaud | 200 | 15 | 1 |  |  |  |  |  | R. MUREAU |
|  | Jeu 18 | Monétier/Pas de l’Ane/Vallon du Tabuc | 1000 | 10 | 1 |  |  |  |  |  | B. BUISSON |
|  | Dim 21 | Lacs Palluel et Faravel | 1030 | 14 | 1 |  |  |  |  |  | F. DESCHOUX |
|  | Dim 21 | Puy St Pierre/Mine de Combarine | 200 | 19 | 1 |  |  |  |  |  | R. LEGUAY |
|  | Mar 23 | St Véran/Refuge de la Blanche | 550 | 21 | 1 |  |  |  |  |  | B. ROQUE |
|  | Mar 23 | St Véran/Refuge de la Blanche |  |  |  |  |  | 1 | 5 | 550 | JJ. LIABASTRE |
|  | Jeu 25 | Vallée Etroite/Lacs de la petite Tempête | 870 | 8 | 1 |  |  |  |  |  | A. MICHEL |
|  | Jeu 25 | Chalets de l’Izoard/Col des Peygus | 500 | 24 | 1 |  |  |  |  |  | A. BERGE |
|  | Dim 28 | Montgenèvre/Col des 3 Frères Mineurs | 700 | 12 | 1 |  |  |  |  |  | C. BESSON |
|  | Dim 28 | Embrun/Mont Guillaume | 1140 | 10 | 1 |  |  |  |  |  | A. MARCHAND |
|  | Lun 29 | Plampinet/Vallée Etroite | 3210 |  |  |  |  | 1 | 7 | 970 | M. EPINETTE |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **10840** | **200** | **14** | **2** |  | **5** | **29** | **4090** |  |

**SEPTEMBRE 2022**

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| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **MN** | **SA** | **VTT/VAE** | **Nbre** | **Déniv.** | **Animateurs** |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  | Jeu 1er | Cesana/Carrière de mabre/Lac Foiron | 820 | 12 | 1 |  |  |  |  |  | B. BUISSON |
|  | Jeu 1er | Molines/Fontgillarde (cadrans solaires) | 300 | 8 | 1 |  |  |  |  |  | C. CASENAVE |
|  | Dim 4 | Dormillouse/Lac Fangeas/Pont de fer | 760 | 11 | 1 |  |  |  |  |  | B. SOL |
|  | Dim 4 | Le Ponteil/Mikéou | 520 | 13 | 1 |  |  |  |  |  | N. BONHOMME |
|  | Mar 6 | Marche nodique |  | 11 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Mar 6 | Puy St Vincent/Les Têtes |  |  |  |  |  | 1 | 5 | 300 | JJ. LIABASTRE |
| Du 7 | Au 14 | Tour du Mont Blanc | 7090 | 8 | 8 |  |  |  |  |  | M. G. DA CRUZ |
|  | Jeu 8 | Les Seyes/Cabane de Clot Lafont | 600 | 12 | 1 |  |  |  |  |  | B. LALAUT |
|  | Jeu 8 | Montgenèvre/Tête Fournéous/La Lauze | 900 | 7 | 1 |  |  |  |  |  | M. LEGER |
|  | Dim 11 | Névache/Pic du Lac Blanc | 1120 | 7 | 1 |  |  |  |  |  | A. MICHEL |
|  | Dim 11 | Ceillac/Lac Ste Anne | 500 | 19 | 1 |  |  |  |  |  | N. BONHOMME |
|  | Mar 13 | Serre-Ponçon – Baratier |  |  |  |  |  | 1 | 8 | 800 | M. EPINETTE |
|  | Mar 13 | Marche nordique |  | 9 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Jeu 15 | Névache/Col de Roche Noire | 850 | 13 | 1 |  |  |  |  |  | A. BERGE |
| *38 pers.* | Sam 17 | *Visite de Pignerolo* |  |  |  |  |  |  |  |  | JJJ. LIABASTRE |
|  | Dim 18 | Névache/Lacs de la Madeleine | 750 | 8 | 1 |  |  |  |  |  | B. SOL |
|  | Dim 18 | Pont de l’Alpe/Lac de la Ponsonnière | 860 | 14 | 1 |  |  |  |  |  | F. DESCHOUX |
|  | Lun 19 | Villard/Chalets vers le Col |  |  |  |  |  | 1 | 7 | 900 | G. LLORENS |
|  | Mar 20 | Marche nordique |  | 9 |  | 1 |  |  |  |  | C. ARTINIAN |
|  | Jeu 22 | Le Mélézin/Roche Motte | 520 | 21 | 1 |  |  |  |  |  | A. MICHEL |
|  | Jeu 22 | Puy Aillaud/Belvédère des 3 Refuges | 1100 | 6 | 1 |  |  |  |  |  | L. VON MEYENBURG |
| Sam 24 | Dim 25 | Week-end à Prats-Hauts | 450 | 30 | 1 |  |  |  |  |  | M. DA CRUZ-B. ROQUE |
|  | Mar 27 | Marche nordique |  | 13 |  | 1 |  |  |  |  | C. ARTINIAN |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Total** | **17140** | **240** | **22** | **4** |  | **3** | **20** | **2000** |  |

**OCTOBRE 2022**

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| **Durée** | **Date** | **Lieux** | **Dén.** | **Nbre** | **RP** | **MN** | **SA** | **VTT/VAE** | **Nbre** | **Déniv.** | **Animateurs** |
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|  |  | **Total** |  |  |  |  |  |  |  |  |  |